

# ABERDEEN BOAT CLUB

## DINGHY STANDARD SAILING INSTRUCTIONS

### 1. RULES

- 1.1 All series will be governed by the rules as defined by the Racing Rules of Sailing (RRS).
- 1.2 The Prescriptions of the Hong Kong Sailing Federation will apply, together with:  
The respective Class Association Rules where applicable,  
The TPC Dinghy Racing Series Notice of Race (NoR),  
the ABC Dinghy Standard Sailing Instructions (ABC Dinghy SSI),
- 1.3 Non class legal sails may be used provided they are of the correct dimensions.

### 2. ENTRIES

- 2.1 Eligible boats shall be entered by hailing the committee boat and receiving an acknowledgement; however, a boat shall enter at least **10 minutes** before the warning signal of her first race of the day.
- 2.2 A minimum of three boats in a class is required to have entered and be in the vicinity of the starting line at their warning signal for such boats to rank as starters and to constitute a valid race.

### 3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) located at the ABC Middle Island Sailing Office, and may be posted on the Club's website when possible.

### 4. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the Club's website not later than **2 hours** prior to the published start of the race, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

### 5. SCHEDULE OF RACES

- 5.1 Races are scheduled on the ABC Sailing Calendar as published annually prior to the racing season. The schedule of class races, or a series of races, will be included in Notice of Race issued at least one day prior to the first race.
- 5.2 Notwithstanding, no scheduled race will be started if local Storm Warning Signal No.3 or higher is hoisted. Any race so affected may be re-sailed on another date organised by the Club.

### 6. CLASS FLAGS

- 6.1 Unless otherwise specified, the following International Code Flags (ICFs) will be used as the warning signal for the listed classes in the starting system:

#### Class/Division      International Code Flag

All Boats except Optimist      W



Division A      T



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Division B	F	
Optimist	Q	

## 7. THE COURSES

- 7.1 The course to be sailed will be selected from the ABC Dinghy SSI Appendix 1: Dinghy Courses.
- 7.2 Courses on the day of the race will be displayed on a **whiteboard** at the back of the Committee boat no later than the warning signal.

## 8. MARKS

The marks of the course will be inflatable buoys or flag buoy.

## 9. AREAS THAT ARE OBSTRUCTIONS

- 9.1 At all times, including when not racing, boats shall keep clear of commercial traffic.

## 10. THE START

- 10.1 RRS 26 applies with the warning signal **five minutes** before the starting signals.
- 10.2 The starting line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and a club buoy or flag buoy laid as an Outer Distance Mark (ODM) at the port end.
- 10.3 Boats whose warning signal has not been made shall keep clear of the starting area.
- 10.4 A boat starting later than 5 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 & A5.
- 10.5 The warning signal for the first class of the first race of the day to be sailed will be at **1325**.

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

A mark may be moved from its original laid position without the race committee signalling a change of course. This changes RRS 33.

## 12. SHORTENING OF COURSE

A shortened course may be signalled by a committee boat in accordance with RRS 32.

## 13. THE FINISH

- 13.1 The finishing line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and the nearby finishing mark or flag as an Outer Distance Mark (ODM) at the port end.

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### 14. RACE TIME LIMITS

14.1 The Race Time Limit, and the Finishing Window for the first qualifying boat are shown in the table below.

Race Time Limit	Finishing Window
50 mins	15 mins

14.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored **Did Not Finish (DNF)** without a hearing. This changes RRS 35, A4 and A5.

14.3 The first qualifying boat will be:

- Division A - the first of a Laser of any type, or if no Laser, then a boat of PY No. > 1075
- Division B or One Design Division - the first boat to finish

### 15. PROTEST

15.1 Protests will be done on the water immediately once both parties have crossed the finish line. A club coach will be nominated as the protest committee and his decision will be final once hearing from both parties. Witnesses will not be allowed.

### 16. SCORING

Refer to Notice of Race.

### 17. SAFETY

Refer to Notice of Race.

### 18. PRIZES

Refer to Notice of Race.

### 19. DISCLAIMER OF LIABILITY

Refer to Notice of Race.

### 20. INSURANCE

Refer to Notice of Race.

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### APPENDIX 1: DINGHY COURSES

#### Notes:

1. These Notes and the accompanying List of Courses form part of the ABC Dinghy Standard Sailing Instructions.
2. The sailing area for dinghy races will be in waters around Middle Island or Chong Hom Wan or Stanley Bay as notified in the Notice of Race.
3. Marks of the course will be inflatable buoys or flag buoys and are identified as:
  - A a windward mark
  - B a gybing mark
  - C an outer loop leeward mark (trapezoid only)
  - D an inner loop leeward mark
  - E a leeward mark (trapezoid only)
  - ODM an Outer Distance Mark

An inner course may be set for some classes, and marks of a different shape or colour would be used.

4. Except for start and finish line ODM and IDM buoys, all marks are rounding marks.
5. For all courses, boats are not obliged to pass through the start/finishing line except on the starting and finishing legs.

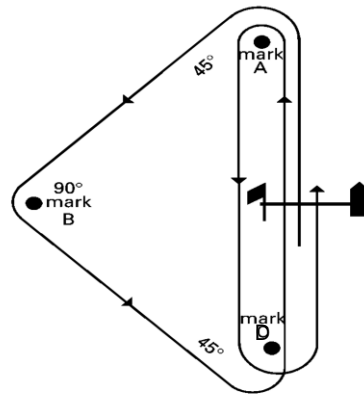
Sailing and Marine Committee  
February 2023

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## APPENDIX: DINGHY COURSES

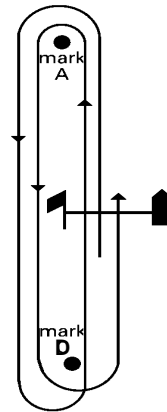
### TRIANGULAR COURSES

<b>Course T1</b>	Start - A - B - D - Finish
<b>Course T2</b>	Start - A - B - D - A - D - Finish
<b>Course T3</b>	Start - A - B - D - A - D - A - B - D - Finish



### WINDWARD/LEEWARD COURSES

<b>Course W1</b>	Start - A - D - Finish
<b>Course W2</b>	Start - A - D - A - D - Finish
<b>Course W3</b>	Start - A - D - A - D - A - D - Finish



### INNER LOOP TRAPEZOID

<b>Course I2</b>	Start - A - D - A - B - C - E - Finish
<b>Course I3</b>	Start - A - D - A - D - A - B - C - E - Finish

### OUTER LOOP TRAPEZOID

<b>Course O2</b>	Start - A - B - C - B - C - E - Finish
<b>Course O3</b>	Start - A - B - C - B - C - B - C - E - Finish

