

# ABERDEEN BOAT CLUB

## DINGHY STANDARD SAILING INSTRUCTIONS

### 1. RULES

- 1.1 All series will be governed by the rules as defined by the Racing Rules of Sailing (RRS) 2021-2024.
- 1.2 The Prescriptions of the Hong Kong Sailing Federation will apply, together with:  
The respective Class Association Rules where applicable,  
this Notice of Race (NoR),  
the ABC Dinghy Standard Sailing Instructions (ABC Dinghy SSI),
- 1.3 Non class legal sails may be used provided they are of the correct dimensions.

### 2. ENTRIES

- 2.1 Eligible boats shall be entered by hailing the committee boat and receiving an acknowledgement; however, a boat shall enter at least 11 minutes before the warning signal of her first race of the day.
- 2.2 A minimum of three boats in a class is required to have entered and be in the vicinity of the starting line at their warning signal for such boats to rank as starters and to constitute a valid race.

### 3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) located at the ABC Middle Island Clubhouse, and may be posted on the Club's website when possible.
- 3.2 Any notices to Mariners, which are applicable to boats sailing in these races. This exclusion does not in any way mitigate the obligation of competitors to observe the Traffic Separation Scheme Regulations.

### 4. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted in accordance with SSSI 3.1 not later than 2 hours prior to the published start of the race, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

### 5. SCHEDULE OF RACES

- 5.1 Races are scheduled on the ABC Sailing Calendar as published annually prior to the racing season. The schedule of class races, or a series of races, will be amplified by a Notice of Race issued at least one day prior to the first race.
- 5.2 Notwithstanding, no scheduled race will be started if local Storm Warning Signal No.3 or higher is hoisted. Any race so affected may be re-sailed on another date organised by the Club.

### 6. CLASS FLAGS

- 6.1 Unless otherwise specified, the following International Code Flags (ICFs) will be used as the warning signal for the listed classes in the starting system :

#### **Class/Division    International Code Flag**

All Boats except Optimist	W
Division A	T
Division B	F
29er	J
Optimist	Q

- 6.2 An appropriately marked flat-board signal may be used as a substitute for any flag.

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### **7. THE COURSES**

- 7.1 The Dinghy Courses from which the course for each class will be selected is in the Appendix 1 to these Dinghy Standard Sailing Instructions. Courses for other events including the distance race, will be issued under Notices to Competitors.
- 7.2 The Class flag and course selected to be sailed will be signalled, no later than the warning signal, by the committee boat displaying the appropriate course number.
- 7.3 The approximate compass bearing from the committee boat to the first mark, Mark A, may be displayed on a black/white board by the committee boat.

### **8. MARKS**

The marks of the course will be inflatable Club buoys.  
An inner course may be set for some classes, and marks of a different shape or colour would be used.

### **9. AREAS THAT ARE OBSTRUCTIONS**

- 9.1 At all times, including when not racing, boats shall be careful to avoid any close quarters situation with commercial vessels.
- 9.2 When a boat is alleged to have infringed SSI 9.1, another boat or the race committee may lodge a protest against it. If the protested boat is found to have contravened SSI 9.1, the protest committee may let the results stand, adjust the score or finishing times of the boat, or make some other arrangement including disqualification.
- 9.3 Nothing in these sailing instructions shall relieve a boat from its obligations not to impede the passage of any commercial vessel that can navigate only within a narrow channel or fairway.

### **10. THE START**

- 10.1 Races will be started using RRS 26 starting signals, with the warning signal made five minutes before the starting signal and succeeding classes starting:
  - 10.1.1 at five minute intervals, as signalled by the display of the warning signal of the succeeding class at the time of the starting signal of the preceding class; OR
  - 10.1.2 at any time after the starting signal for the preceding class by the display of the warning signal for the succeeding class.
- 10.2 The location of the starting line will be determined by the race officer on the day.
- 10.3 The starting line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and an orange club buoy laid as an Outer Distance Mark (ODM) at the port end.
- 10.4 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made. Boats may be protested by the race committee for failing to comply with this SI.
- 10.5 A boat shall not start later than 10 minutes after her designated starting signal.
- 10.6 The warning signal for the first class to be sailed will be at 1325.

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### 11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course in the context of RRS 33, the race committee will move the original mark. The change of course will be signalled by the display of ICF C, before the leading boat has begun the leg although the mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the course configuration without further signalling.

### 12. SHORTENING OF COURSE

A shortened course may be signalled by a committee boat in accordance with RRS 32 by the display of ICF S, accompanied by two sound signals, as the leading boat approaches the finishing line. In addition, when more than one class is racing and only certain classes are to be affected, the class flag of those class(es) whose course is being shortened will also be displayed by the committee boat.

### 13. THE FINISH

13.1 The location of the full course finishing line will be as specified in the Dinghy course selected to be sailed.

13.2 The finishing line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and the nearby finishing mark as an Outer Distance Mark (ODM) at the port end. At the finishing line, the committee boat will fly a blue flag, or shape. Boats shall finish between the committee boat and the ODM in the direction of the course from the last mark.

### 14. RACE TIME LIMITS

14.1 The Race Time Limit, and the Finishing Window for the first qualifying boat are shown in the table below.

Race Time Limit	Finishing Window	Distance Race Time Limit	Distance Race Finishing Window
<i>50 mins</i>	<i>15 mins</i>	<i>150 mins</i>	<i>45 mins</i>

14.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place [one][two] more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

14.3 The first qualifying boat will be:

14.3.1 In handicap racing divisions:

- for Division A - the first of a Laser of any type, or if no Laser, then a boat of PY No. > 1075
- for Division B - the first boat to finish.

14.3.2 In one design divisions – the first boat to finish.

### 15. PROTEST

15.1 Protest forms are available from the Sailing Office at ABC Middle Island. Protest and requests for redress shall be delivered to the race officer, or any member of the race committee or, in their absence, to the race office within 90 minutes of the last boat of the relevant Class/Division to finish the day's racing. (This changes rule 61.3.)

15.2 An arbitration meeting may be held prior to a Protest, in accordance with Appendix T.

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- 15.3 Notices will be posted on the ONB at ABC Middle Island no later than 30 minutes after the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses.
- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.5 The onus is on each competitor to ascertain whether or not he is a party to a protest or a witness.
- 15.6 For the purpose of protest notification (rule 63.2), all protests will be heard at either ABC Middle Island clubhouse or the Main Clubhouse on the Monday following the race, unless an alternative arrangement is agreed by the parties and the Protest Chairman.
- 15.6.1 Monday means the next full business day following the race;
- 15.6.2 The parties to the protest will be notified of the protest by 1200 on the Monday following the race;
- 15.6.3 Protest hearings will commence at approximately 1830, or later if agreed between the parties and the Protest Chairman;
- 15.6.4 The contact information in the sign-on sheet and each Club's records for each party to the protest shall be the means of contacting that party and the Club shall not be at fault if the information is incomplete, incorrect or out of date;
- 15.6.5 The protestor and protestee shall each be responsible for contacting their own respective witnesses.
- 15.7 For the purposes of rule 91, a protest committee will be a committee appointed by two members of the race committee at least one of whom will be a member of the Sailing and Marine Committee or any protest convenor appointed by Sailing and Marine Committee. For the purposes of this Instruction, the race officer is deemed to be a member of the race committee.
- 15.8 A protest committee will consist of at least three members.
- 16. SCORING**  
Refer to Notice of Race.
- 17. SAFETY REGULATIONS**  
Refer to Notice of Race.
- 18. PRIZES**  
Refer to Notice of Race.
- 19. DISCLAIMER OF LIABILITY**  
Refer to Notice of Race.
- 20. INSURANCE**  
Refer to Notice of Race.

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### APPENDIX 1: DINGHY COURSES

#### Notes:

1. These Notes and the accompanying List of Courses form part of the ABC Dinghy Standard Sailing Instructions.
2. The sailing area for dinghy races will be in waters around Middle Island or Chong Hom Wan or Stanley Bay as notified in the Notice of Race.
3. Marks of the course will be inflatable club buoys and are identified as:
  - A a windward mark
  - B a gybing mark
  - C an outer loop leeward mark (trapezoid only)
  - D an inner loop leeward mark
  - E a leeward mark (trapezoid only)
  - ODM an Outer Distance Mark

An inner course may be set for some classes, and marks of a different shape or colour would be used.

4. Except for start and finish line ODM and IDM buoys, all marks are rounding marks.
5. For all courses, boats are not obliged to pass through the start/finishing line except on the starting and finishing legs.

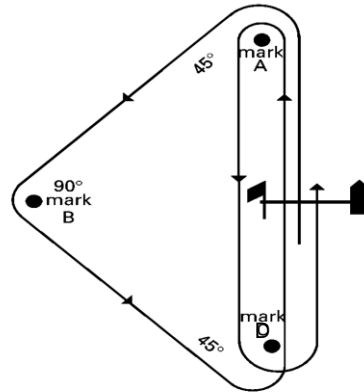
Sailing and Marine Committee  
February 2021

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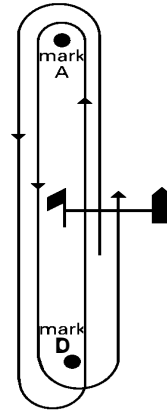
### TRIANGULAR COURSES

<b>Course T1</b>	Start - A - B - D - Finish
<b>Course T2</b>	Start - A - B - D - A - D - Finish
<b>Course T3</b>	Start - A - B - D - A - D - A - B - D - Finish



### WINDWARD/LEEWARD COURSES

<b>Course W1</b>	Start - A - D - Finish
<b>Course W2</b>	Start - A - D - A - D - Finish
<b>Course W3</b>	Start - A - D - A - D - A - D - Finish



### INNER LOOP TRAPEZOID

<b>Course I2</b>	Start - A - D - A - B - C - E - Finish
<b>Course I3</b>	Start - A - D - A - D - A - B - C - E - Finish

### OUTER LOOP TRAPEZOID

<b>Course O2</b>	Start - A - B - C - B - C - E - Finish
<b>Course O3</b>	Start - A - B - C - B - C - B - C - E - Finish

