

ABERDEEN BOAT CLUB

DINGHY STANDARD SAILING INSTRUCTIONS

1. RULES

- 1.1 All series will be governed by the rules as defined by the Racing Rules of Sailing (RRS) 2025-2028.
- 1.2 The Prescriptions of the Hong Kong Sailing Federation will apply, together with: the respective Class Association Rules where applicable, the respective TPC Dinghy Racing Series Notice of Race (NoR), the ABC Dinghy Standard Sailing Instructions (ABC Dinghy SSI).
- 1.3 Non class legal sails may be used, provided that they are of the correct dimensions.

2. ENTRIES

- 2.1 Eligible boats shall be entered by hailing the race committee boat and receiving an acknowledgement; however, a boat shall enter at least 11 minutes before the warning signal of her first race of the day.
- 2.2 A minimum of three boats in a class/division is required to have entered and be in the vicinity of the starting line at their warning signal for such boats to rank as starters and to constitute a valid race.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board (ONB) located at the ABC Middle Island clubhouse and may be posted on the Club's website when possible.
- 3.2 The race office is located at ABC Middle Island clubhouse.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted before 1030hrs on the day it will take effect, except that any change to the schedule of races will be posted by 1900hrs on the day before it will take effect.

5. SCHEDULE OF RACES

- 5.1 Races are scheduled on the ABC Sailing Calendar as published annually prior to the racing season. The schedule of class races, or a series of races, will be included in a Notice of Race issued at least one day prior to the first race.
- 5.2 Notwithstanding, no scheduled race will be started if local Storm Warning Signal No.3 or higher is hoisted. Any race so affected may be re-sailed on another date organised by the Club.

6. CLASS FLAGS

- 6.1 Unless otherwise specified, the following International Code Flags (ICFs) will be used as the warning signal for the listed classes/divisions in the starting system:

<u>Class/Division</u>	<u>International Code Flag</u>
All Boats except Optimist Class	W
Division A	T
Division B	F
Optimist Class	Q

- 6.2 An appropriately marked flat-board signal may be used as a substitute for any flag.

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7. THE COURSES

- 7.1 The Dinghy Courses from which the course for each class/division will be selected are in the Appendix 1 to these Dinghy Standard Sailing Instructions. Courses for other events including the distance race, will be issued under Notices to Competitors.
- 7.2 No later than the class/division warning signal, the race committee boat will display the course to be sailed and may display the approximate compass bearing of the first leg.

8. MARKS

- 8.1 The marks of the course will be inflatable club buoys or flag buoy.
- 8.2 An inner course may be set for some classes/divisions, and marks of a different shape or colour would be used.

9. AREAS THAT ARE OBSTRUCTIONS

- 9.1 At all times, including when not racing, boats shall be careful to avoid any close quarters situation with commercial vessels.
- 9.2 When a boat is alleged to have infringed SSI 9.1, another boat or the race committee may lodge a protest against it. If the protested boat is found to have contravened SSI 9.1, the protest committee may let the results stand, adjust the score or finishing times of the boat, or make some other arrangement including disqualification.
- 9.3 Nothing in these sailing instructions shall relieve a boat from its obligations not to impede the passage of any commercial vessel that can navigate only within a narrow channel or fairway, or its obligation to observe the Traffic Separation Scheme Regulations.

10. THE START

- 10.1 Races will be started using RRS 26 with the warning signal made FIVE minutes before the starting signal.
- 10.2 The starting line will be a line between a signal mast displaying an orange flag on the committee boat at the starboard end and an orange club buoy or flag buoy laid as an Outer Distance Mark (ODM) at the port end.
- 10.3 Boats whose warning signal has not been made shall keep clear of the starting area during the starting sequence for other races. Boats may be protested by the race committee for failing to comply with this SI.
- 10.4 A boat that does not start within FOUR minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course in the context of RRS 33, the race committee will move the original mark. The change of course will be signalled by the display of ICF C, before the leading boat has begun the leg although the mark may not yet be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the course configuration without further signalling.

12. SHORTENING OF COURSE

A shortened course may be signalled by a race committee boat in accordance with RRS 32 by the display of ICF S, accompanied by two sound signals, as the leading boat approaches the finishing line. In addition, when more than one class is racing and only certain classes are to be affected, the class flag of those class(es) whose course is being shortened will also be displayed by the race committee boat.

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13. THE FINISH

- 13.1 The location of the full course finishing line will be as specified in the Dinghy course selected to be sailed.
- 13.2 The finishing line will be a line between a signal mast displaying a blue flag on the race committee boat at the starboard end and the nearby finishing mark as an Outer Distance Mark (ODM) at the port end. Boats shall finish between the race committee boat and the ODM in the direction of the course from the last mark.

14. TIME LIMITS AND TARGET TIMES

- 14.1 The Race Target Time, and the Finishing Window are shown in the table below. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

Race Target Time	Finishing Window	Distance Race Target Time	Distance Race Finishing Window
<i>30 mins</i>	<i>15 mins</i>	<i>90 mins</i>	<i>45 mins</i>

- 14.2 The Finishing Window is the time for boats to finish after the first qualifying boat sails the course and finishes. Boats failing to finish within the Finishing Window will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
- 14.3 The first qualifying boat will be:
- 14.3.1 In handicap racing divisions:
- for Division A - the first of any ILCA dinghy, or if no ILCA dinghy, then a boat of PY No. > 1075
 - for Division B - the first boat to finish.
- 14.3.2 In one design classes – the first boat to finish.

15. HEARING REQUESTS

- 15.1 Hearing Request forms are available from the ABC Middle Island clubhouse. Hearing requests shall be delivered to the race officer, or any member of the race committee or, in their absence, to the race office. For each class or division, the protest time limit is 90 minutes after the last boat in that class or division finishes the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.2 An arbitration meeting may be held prior to a Protest hearing, in accordance with RRS Appendix T.
- 15.3 Notices will be posted on the ONB at ABC Middle Island clubhouse no later than 30 minutes after the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses.
- 15.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 15.5 The onus is on each competitor to ascertain whether or not he is a party to a protest or a witness.
- 15.6 If protests received is not heard on the day of racing, a date & time for the hearing will be arranged in the week following the date on which the relevant race took place. Both parties concerned will be given plenty of notice, in order to attend.

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- 16. SCORING**
Refer to Notice of Race.
- 17. SAFETY REGULATIONS**
Refer to Notice of Race.
- 18. PRIZES**
Refer to Notice of Race.
- 19. DISCLAIMER OF LIABILITY**
Refer to Notice of Race.
- 20. INSURANCE**
Refer to Notice of Race.

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APPENDIX 1: DINGHY COURSES

Notes:

1. These Notes and the accompanying List of Courses form part of the ABC Dinghy Standard Sailing Instructions.
2. The sailing area for dinghy races will be in waters around Middle Island or Chong Hom Wan or Stanley Bay as notified in the Notice of Race.
3. Marks of the course will be inflatable club buoys or flag buoys and are identified as:
 - A a windward mark
 - B a gybing mark
 - C an outer loop leeward mark (trapezoid only)
 - D an inner loop leeward mark
 - E a leeward mark (trapezoid only)
 - ODM an Outer Distance Mark

An inner course may be set for some classes, and marks of a different shape or colour would be used.

4. Except for start and finish line ODM and IDM buoys, all marks are rounding marks.
5. For all courses, boats are not obliged to pass through the start/finishing line except on the starting and finishing legs.

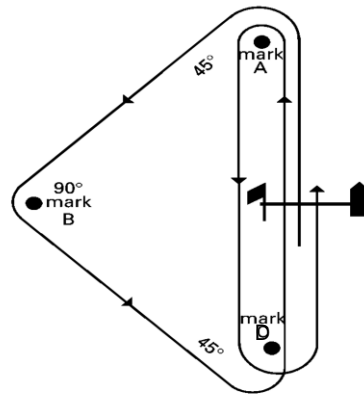
ABC Sailing and Marine Committee
January 2025

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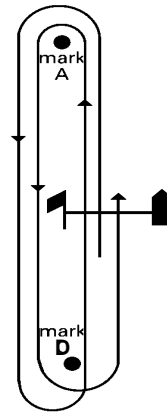
TRIANGULAR COURSES

Course T1	Start - A - B - D - Finish
Course T2	Start - A - B - D - A - D - Finish
Course T3	Start - A - B - D - A - D - A - B - D - Finish



WINDWARD/LEEWARD COURSES

Course W1	Start - A - D - Finish
Course W2	Start - A - D - A - D - Finish
Course W3	Start - A - D - A - D - A - D - Finish



INNER LOOP TRAPEZOID

Course I2	Start - A - D - A - B - C - E - Finish
Course I3	Start - A - D - A - D - A - B - C - E - Finish

OUTER LOOP TRAPEZOID

Course O2	Start - A - B - C - B - C - E - Finish
Course O3	Start - A - B - C - B - C - B - C - E - Finish

