



HONG KONG

Southside Regatta



2023

Sailing Instructions

Aberdeen Boat Club Southside Open Dinghy Regatta 2023

Incorporating the 2023 Hong Kong 29er Nationals



Organized by Aberdeen Boat Club (ABC)

2nd and 3rd December 2023

Middle Island, Hong Kong

Sailing Instructions

The notation '[NP]' in a rule in the Sailing Instructions (SIs) means that a breach of this rule will not be grounds for a protest or request for redress by a boat. This changes RRS 60.1(a) and (b).

For the notation '[DP]' in a rule in the SIs, refer to the Racing Rules of Sailing - Introduction - Notation.

1. RULES

- 1.1 As per NoR 1.
- 1.2 The Green Fleet entry will be capped at 21 boats. This changes NoR 4.4.2.
- 1.3 If there is a conflict between the NoR and the SIs, the SIs take precedence. This changes RRS 63.7.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the SIs will be posted before 0900hrs on the day it will take effect, except that any change to the schedule of races will be posted by 2000hrs on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the online official notice board (ONB) located at www.abcmiddleisland.com/southside-regatta. Copy of notices to competitors may also be posted outside the race office on race days.
- 3.2 The race office is located at ABC Middle Island clubhouse.

4. CODE OF CONDUCT

[NP][DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole located at the ABC Middle Island clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.
- 5.3 [NP][DP] Flag D with one sound means 'Boats shall not launch until this signal is made. The warning signal will not be made before the scheduled time or less than 60 minutes after flag D is displayed.' If this applies to fewer than all classes then the respective class flag(s) will be displayed below flag D.
- 5.4 [NP][DP] Flag B with one sound means that a boat shall not sail through the narrow channel between Middle Island and Repulse Bay when going out to race.




6. SCHEDULE OF RACES

- 6.1 As per NoR 7.
- 6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7. CLASS FLAGS & RIBBONS

- 7.1 Class/fleet flags will be:

Group A

2.4mR	Flag F	
Optimists Main Fleet	Yellow	
Optimist Intermediate Fleet	Blue	

Group B

29er	Flag J	
ILCA 4	Flag T	
ILCA 6	Flag K	

Group C

Optimist Green Fleet	Flag G	
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- 7.2 Ribbons will be provided to boats in Optimist Main Fleet (Yellow), Optimist Intermediate Fleet (Blue), and Optimist Green Fleet (Green) by the organising authority and shall be collected by competitors from sign out/sign in desk outside the race office.
- 7.3 [NP][DP] Boats in Optimist Fleets shall fly the ribbon specified in SI 7.2 from the top of their sprit. Replacement ribbons will be available from the race office.

8. RACING AREAS

Racing will take place in Deep Water Bay, Repulse Bay, Chung Hom Wan, Stanley Bay, Tai Tam Bay, or West of Beaufort/Po Toi Islands depending on weather conditions. The intended race areas for each class/fleet will be posted on the ONB at least 60 minutes before the first warning signal of each race day.

9. COURSES

- 9.1 The diagrams in **Attachment A** show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 No later than the class/fleet warning signal, the race committee signal vessel will display the course to be sailed and may display the approximate compass bearing of the first leg.

10. MARKS

Marks are described in **Attachment A**.

11. THE START

- 11.1 Races will be started using RRS 26 with the warning signal made FIVE minutes before the starting signal.
- 11.2 The starting line is between staffs displaying orange flags on the starting marks when they are both race committee vessels or between the staff displaying an orange flag on the race committee vessel at the starboard end and the course side of the port-end starting mark.
- 11.3 [NP][DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 A boat that does not start within FOUR minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

13. THE FINISH

The finishing line is between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port end finishing mark.

14. PENALTY SYSTEM

- 14.1 As per NoR 11.
- 14.2 If the protest committee decides that a boat which is a party to a protest has broken a rule and is not exonerated, it may impose any penalty (including no penalty) at its discretion, as an alternative to disqualification. This changes RRS 64.2.

15. TIME LIMITS AND TARGET TIMES

- 15.1 The race target time is 30 minutes for the 29er class and Optimist Green Fleet, and 40 minutes for all other classes/fleets.
- 15.2 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 15.3 The finishing window is 15 minutes for all classes/divisions. The finishing window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the finishing window will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.
- 15.4 [NP] For Optimist Intermediate and Green Fleets only, when one or more boats sails the course and finishes, the race committee may apply an alternative finishing procedure. A race committee vessel may notify a boat still racing that she has finished. The boat, once notified, shall return to the starting area if further races are scheduled. The race committee will determine the method of finishing and the finish position awarded to those boats. This changes RRS Definition Finish, 28.1, A5.1 and A5.2.

16. HEARING REQUESTS

- 16.1 For each class or fleet, the protest time limit is 90 minutes after the last boat in that class or fleet finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the ONB.
- 16.2 Hearing Request forms are available online at www.abcmiddleisland.com/southside-regatta and at the race office.
- 16.3 Immediately after finishing, in addition to the requirements of RRS 61.1(a), a boat intending to protest shall inform the race committee vessel at the finishing line her intention to protest and the identity of the boat(s) protested. The protesting boat must receive an acknowledgement from the race committee. This changes RRS 61.1.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the ABC Middle Island clubhouse. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time limit. No protest decisions will be announced prior to the end of the protest time limit.
- 16.5 On the last scheduled day of racing, a request for redress based on a protest committee decision shall be delivered no later than 15 minutes after the decision was posted. This changes RRS 62.2(a).
- 16.6 A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted on the ONB after racing each day.
- 16.7 A breach of a rule in RRS Appendix G will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- 16.8 For Optimist Green Fleet only, when there is an incident that might result in the lodging of a protest or a request for redress, a boat, the jury or the race committee may request an advisory meeting and notify any boat involved in the incident. An adviser will host the meeting to learn what may have happened and will advise on whether any rule appears to have been broken, and by which boat(s). A boat may as a result notify the race committee that she accepts a 30% post-race scoring penalty, or choose to retire. The adviser needs not be a member of the jury.

17. SCORING

- 17.1 As per NoR 12.
- 17.2 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at www.abcmiddleisland.com/southside-regatta.

18. SAFETY REGULATIONS

- 18.1 [NP] Competitors shall sign out/sign in each race day at sign out/sign in desk outside the race office. Penalty for failure to sign out before racing or failure to sign in after racing before protest time limit is 2 penalty points for each breach for each race sailed on that day without a hearing. This changes RRS 63.1, A5.1 and A5.2.
- 18.2 [NP][DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Boats shall not return to Middle Island unsupervised.

19. REPLACEMENT OF CREW OR EQUIPMENT [NP][DP]

- 19.1 Substitution of competitors is not allowed without prior written approval of the race committee.
- 19.2 Substitution of damaged or lost equipment is not allowed unless authorised in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.
- 19.3 Requests can be made on the forms available at www.abcmiddleisland.com/southside-regatta.

20. EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules, NoR and SIs.
- 20.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

21. SUPPORT TEAMS

- 21.1 See NoR 13. All support person vessels shall always have a kill-cord attached to the driver at all times when the engine is running.
- 21.2 [NP][DP] Team leaders, coaches and other support personnel shall stay outside areas where boats are racing (at least 100 metres) from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. In addition, support person vessels shall not sit on the extensions of the starting line and shall stay at least 100m below the starting line. These instructions are not applicable when assisting a boat in distress. Support person vessels will be permitted to attend to Green Fleet sailors at the discretion of the race committee.
- 21.3 If the race committee hoists IC Flag V, all support person vessels shall observe a listening watch on the designated VHF channel 96, 99, 72 for Group A, B, C respectively and may enter the race area to assist with safety support for any competitor. If assistance is provided, those competitors shall retire from that race. Coaches are requested to record those boats they provide assistance to and report it to the race committee.

22. TRASH DISPOSAL

[NP][DP] All competitors are reminded of RRS 47. All trash must be taken back onshore after racing or placed on official/support vessels subject to consent of those in charge of the vessels.

23. PRIZES

See NoR 15.

24. DISCLAIMER OF LIABILITY

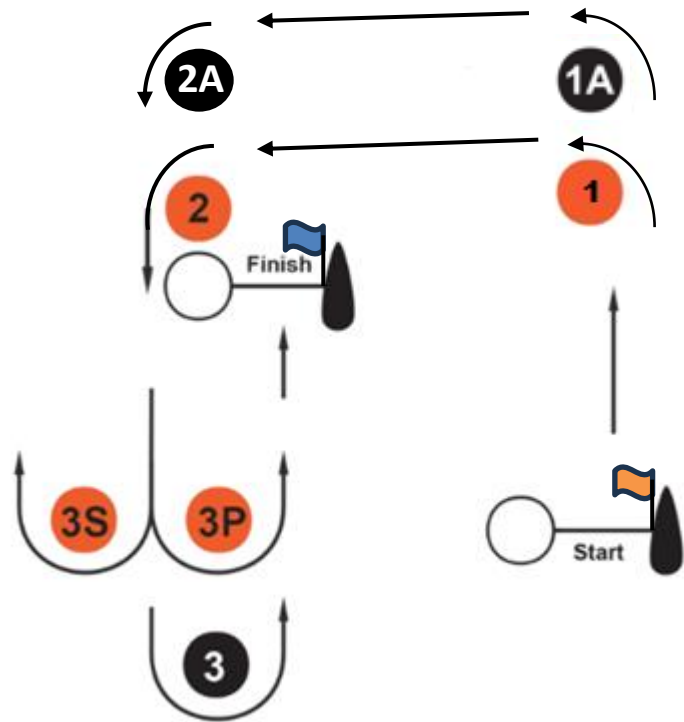
See NoR 16.

25. INSURANCE

All participating boats shall be insured with valid third-party liability insurance with a minimum cover as required under HKSAR legislation. Proof of insurance shall be available for inspection if requested. ABC members and cadets using club boats will be insured.

Attachment A: COURSES

Amended Worlds Courses (Group A Intended Courses)



Signal	Mark Rounding Order	Intended Fleet
1	Start – 1 – 2 – 3S/3P – Finish	Optimist Intermediate
1A	Start – 1A – 2A – 3S/3P – Finish	Optimist Main
2	Start – 1 – 2 – 3 – Finish	2.4 mR
2A	Start – 1A – 2A – 3 – Finish	2.4 mR

Notes for Amended Worlds Courses

Marks 1, 2 will be orange inflatable buoys which shall be rounded to port.

Marks 1A, 2A and 3 will be black inflatable buoys which shall be rounded to port.

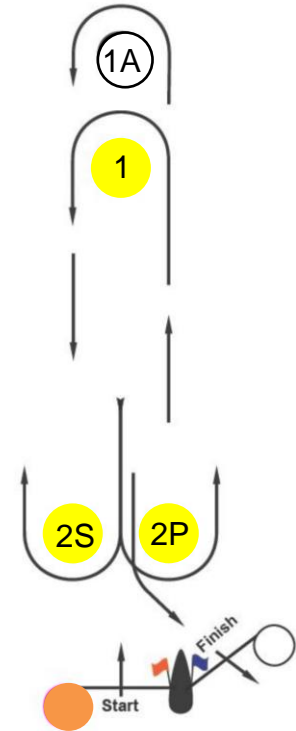
Gate marks 3S/3P will be orange inflatable buoys. At the gate, boats shall pass between the marks and round either mark. The gate may be replaced by a single mark which shall be rounded to port.

The starting marks will be a race committee vessel at the starboard end of the line and a white inflatable buoy or a race committee vessel at the port end.

The finishing marks will be a race committee vessel at the starboard end of the line and a white inflatable buoy at the port end.

Windward / Leeward Courses
(Group B Intended Courses)

Signal	Mark Rounding Order
L2	Start – 1 – 2S/2P – 1 – 2P – Finish
L3	Start – 1 – 2S/2P – 1 – 2S/2P – 1 – 2P – Finish
L2A	Start – 1A – 2S/2P – 1A – 2P – Finish
L3A	Start – 1A – 2S/2P – 1A – 2S/2P – 1A – 2P – Finish



Notes for Windward / Leeward Courses

Mark 1 will be a yellow inflatable buoy which shall be rounded to port.

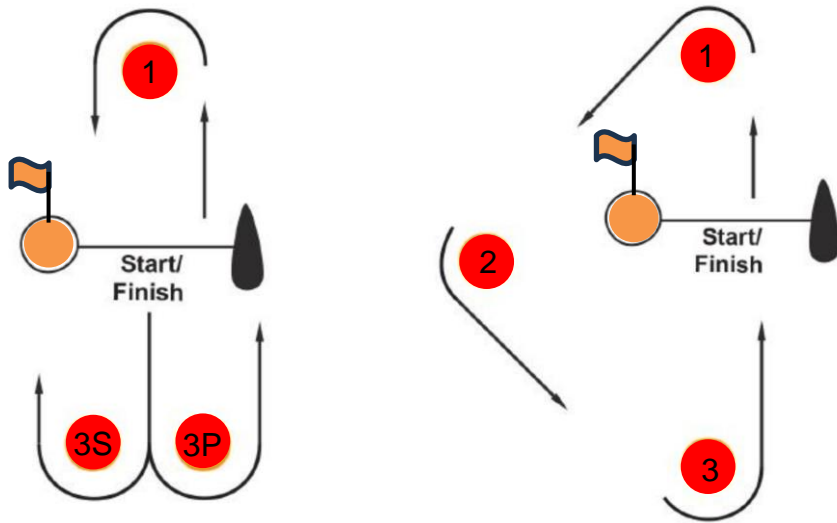
Mark 1A will be a white inflatable buoy which shall be rounded to port.

Gate marks 2S/2P will be yellow inflatable buoys. At the gate, boats shall pass between the marks and round either mark. The gate may be replaced by a single mark which shall be rounded to port.

The starting marks will be a race committee vessel at the starboard end of the line and an orange inflatable buoy at the port end.

The finishing marks will be a race committee vessel at the starboard end of the line and a white inflatable buoy at the port end.

Green Fleet Courses
(Group C Intended Courses)



Signal	Mark Rounding Order
G1	Start – 1 – 3S/3P – Finish
G2	Start – 1 – 3S/3P – Start/Finish – 1 – 3S/3P – Finish
T1	Start – 1 – 2 – 3 – Finish
T2	Start – 1 – 2 – 3 – Start/Finish – 1 – 3 – Finish

Notes for Green Fleet Courses

Marks 1, 2 and 3 will be red inflatable buoys which shall be rounded to port.

Gate marks 3S/3P will be red inflatable buoys. At the gate, boats shall pass between the marks and round either mark. The gate may be replaced by a single mark which shall be rounded to port.

The starting/finishing marks will be a race committee vessel at the starboard end of the line and a orange buoy with an orange flag at the port end.